

LAUGHING
WITH A
FRIEND

TAKING A HOT
BATH/SHOWER

UNDISTURBED
READING TIME



THINGS
THAT
FILL MY
CUP

TAKING A DAY
OFF FOR MYSELF

WATCHING
A SUNRISE

A DAY SPENT
WITH MY
FRIENDS
DOING OUR
FAVORITE
ACTIVITY

NEW MUSIC
FROM MY
FAVORITE
ARTIST

GOING FOR
A LONG
WALK