

LAUGHING
WITH A
FRIEND

TAKING A HOT
BATH/SHOWER

UNDISTURBED
READING TIME

THINGS
THAT
FILL MY
CUP

WATCHING
A SUNRISE

TAKING A DAY
OFF FOR MYSELF

NEW MUSIC
FROM MY
FAVORITE
ARTIST

GOING FOR
A LONG
WALK

A DAY SPENT
WITH MY
FRIENDS
DOING OUR
FAVORITE
ACTIVITY

