



Classroom Activities

Description: Create a compliment catcher, dice of wellness, and more with your students with these fun activities!

Link: <https://bit.ly/3cmX0gh>

Youth Mental Health and Wellbeing Toolkit for Schools

Description: Talking about mental health helps to create a school culture that is welcoming, inclusive, and fosters positive relationships. This toolkit is interactive, providing opportunities for young people to explore topics related to mental health and wellbeing.

Link: <https://bit.ly/3KhIjZI>