



### **How Women Can Support Girls**

Description: Women aren't the only ones facing harassment. 7 in 10 girls are sexually harassed in high school. Young people are speaking out about this - are you listening? Here are 5 ways for adults to support young people.

Link: <https://bit.ly/3pD78Vh>

### **Our National Mental Health Crisis: How to Help Teen Girls**

Description: 5 strategies to promote positive mental health.

Link: <https://bit.ly/3R6FI5M>

