



PEER-TO-PEER WELLNESS GROUP PILOT PROGRAM

Peer-to-peer programs help support students' social and emotional needs and general well-being, and empower them to develop leadership and empathy skills, creating a positive and supportive school culture. With students supporting and mentoring each other, there are many benefits which come from these wellness groups, such as:

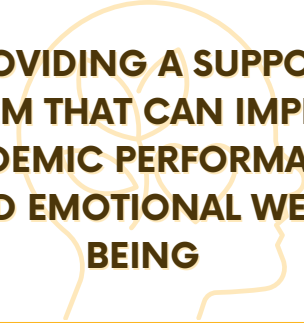
PROMOTING A SENSE OF COMMUNITY



ENHANCING STUDENTS' SOCIAL SKILLS



PROVIDING A SUPPORT SYSTEM THAT CAN IMPROVE ACADEMIC PERFORMANCE AND EMOTIONAL WELL-BEING



RIVERDALE MIDDLE SCHOOL (CLAYTON COUNTY SCHOOL DISTRICT)

SPRING SEMESTER 2024

AFTERSCHOOL: BI-WEEKLY 3:15-4:15

number of students served

14



grades served

6th-8th

WHAT PART OF THE PROGRAM DO YOU FIND MOST USEFUL?



It helps me get some of the things off my mind .

...how comfortable my peers make me feel while expressing my feelings"

How to care about others feelings

It helps me get confident.

